

Hockey Skating Skills Clinic

Summer 2017

Each skater will be evaluated during the first session and instruction will be differentiated to meet individual needs.

Emphasis will be on the following...

***Edge control / footwork**

***Body positioning / posture**

***Transitions / stopping**

***Power /speed / technique**

***Stride / balance / agility**



Our philosophy is that as a player's skating technique improves, so will stick handling, passing, and shooting. 90% of the game is skating. To be a better skater one must understand skating technique and have the desire to improve. Coaching Staff: Ray Laub, Kathleen Burrows, Nathaniel Williams. All coaches are Members of the Professional Skaters Association, fully insured, and have 60+ years teaching experience.

SESSION 1 SUMMER 2017

June 28 - August 2 / Wednesday Nights

6:15 - 7:15

Cost: \$120

No substitutions / No Make-ups

Make Check Payable to:

Hockey Skating Skills

617 Zion Road

Birdsboro, PA 19508

Contact: bkburrows524@gmail.com or 610-698-5990

****Pre-Registration Due by June 20th****

Hockey Skating Skills Summer 2017

Registration Form

Name _____

Age _____

School _____

Address _____

City / Zip _____

Phone _____

Email _____

Waiver: I understand that neither the Hockey Skating Skills Coaches or Body Zone Sports and Fitness Complex or anyone associated with these institutions, will assume responsibility for accidents, medical expense, or dental expense incurred as a result of participation in this skating clinic. Furthermore I recognize that my son/daughter must wear all USA Hockey approved safety equipment, including mouthpiece. The applicant is in good health and is able to participate in vigorous physical activity that may include collisions.

Signature of Athlete: _____

Signature of Parent or Guardian: _____

Date: _____

Emergency Contact Phone: _____